Keals Restaurant Daily Lunch

Two Course Meal - £19.90 Three Course Meal - £22.50

Starters

Soup of The Day

Fresh Crispy Croutons

Melon Cocktail

Mango Coulis

Crespelle Alla Keats

Baked Pancakes Filled with Spinach & Ham, in a Creamy Sauce

Penne Pasticciate

Baked Penne Pasta in Bolognese & Bechamel Topped with Grated Cheese

Caprese Salad

Slices of Mozzarella & Plum Tomato with Herb Dressing & Balsamic Glaze

Egg Mayonnaise & Prawns

Hens Eggs Topped with Mayonnaise & Prawns topped with Marie Rose Sauce

Main Courses

Spezzatino Italian Style

Beef Cooked in an Onion, Mushroom, Tomato, Herb and Red Wine Sauce

Fish of the Day

Your Choice of Sauce

Pork Italian

Pork Escalope's Cooked in a Tomato & Mixed Pepper Sauce

Pollo Valdostana

Chicken Breast Cooked in Breadcrumbs, Topped with Sliced
Ham & Cheese

Homemade Lasagne Verdi

Choose from Side Salad or Mixed Vegetables

Leg of Lamb

Red Wine & Cranberry Sauce

All Dishes Served with a Selection of Vegetables and Potatoes.

Selection of Homemade Desserts, Freshly Ground Coffee and Infusions to Follow £2.50